
PROJECT PROPOSAL

Therapeutics and Educational Intervention Program for the Children with Disabilities under Community Rehabilitation Centre

Submit to:

Submitted by:



Asha Bhavan Centre

Kathila, Banitabla, Uluberia, Howrah, 711316, West Bengal, India

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Project Location:

Gobardhanpur, Khalore, Bagnan, Howrah, West Bengal, India.

Date:

26th August, 2015



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Project Title: **Therapeutic and Educational Intervention Program for the Children with Disabilities under Community Rehabilitation Centre for PWDs**

Target Beneficiary: Children with disabilities of Bagnan I & II block areas of Howrah District, India.

Applying Organization: **Asha Bhavan Centre**
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Ph: 033 2661 3197, Fax: 033 2661 3196
Email: abcindia.sukeshi@gmail.com, URL: www.abcindia.org

Contact Person: Sukeshi Barui / John Mary Barui
Position: Secretary / Director

Project Cost: **Rs. 473,150.00 (Rupees four lakhs twenty four thousand four hundred fourteen only)**

Proposed Date: **26th August, 2015**

Project Location: Gobardhanpur, Khalore, Bagnan, District – Howrah, State - West Bengal

Time Frame: Ongoing

Bank Details: **Asha Bhavan Centre's account number is 590902010002546**
UNION BANK OF INDIA
Uluberia Branch
Biswanath Tower, Majherati, P.O – Jadurberia, Uluberia -711316.
Ph. No – 033-26610801

About the Organization

Asha Bhavan Centre is a registered social organisation recognized by State Government, National Trust (a unit of Ministry of Social Justice and Empowerment, Govt. of India) and Ministry of Disability Affairs under MOSJ&E, Govt. of India as the best institute for dedicating services to the persons with disabilities. We serve the underprivileged marginalised communities with different initiatives like Rehabilitation Home for Children with Disabilities, Rehabilitation Home for Mentally Ill Women, Orthopedic Workshop, Special School for Children with Special Need, Community Based Rehabilitation Programme, Community Health Department, Education and Training Division, Development of Slums and Emergency Relief and Rehabilitation Programme. An average forty five thousand beneficiaries receive those services from different units in each year. The operation centre of the organisation is situated at Kathila campus, Uluberia, Howrah. The organisation is supported by foreign and local associations, donors, patrons, friends and well wishers. There is a dream of Sukeshi Didi behind the organisation, which is implemented by a team of social workers inspired by Padma Bhushan Dominique Lapierre, Mrs. Lapierre & Brother G. Dayanand

Vision: Asha Bhavan Centre is a landmark organization, working with marginalized community to uphold dignity, equity and self-confidence in the society.

Mission: The mission of Asha Bhavan Centre is to create meaningful opportunities for social and economic development of the marginalized community so that they gain dignity, equity and self-confidence in life

Mission focus on: Well-being of Persons with Disabilities
Education and Empowerment
Health and Sanitation
Community Development
Relief and Rehabilitation
Networking
Advocacy
Capacity Building
Fight against Discrimination
Right Based Movement.

Mission Target For: Marginalised Community

Target Group: Person with Disabilities
Children who need support.
Development of Slum dwellers
Disaster affected people.
Malnourished child
Child Labour.

Legal Status: Registered under West Bengal Society Registration Act, 1961.
Registered under Foreign Contribution Regulation Act, 1976, Gol.
Registered under Income Tax Act, 1961 Gol.
Exemption certificate under Sec.80 (G) for life time
Registration Certificate of 12 AA
Registered under Person with Disabilities Act 1995, GoWB
Registered under National Trust Act 1999. Gol.
Registered under ARUNIM a unit of Gol, Promotion Vocational production for
Persons with Disabilities
Empanelment of National CSR Hub, Code BO/01/12/11/012
Local Level Committee Member National Trust (Gol), Howrah Dist.

Award:

- State Award for Creation of Barrier Free Environment for Persons with Disabilities, 2014
Department of Woman and Child Development & Social Welfare, Government of West Bengal
- National Award for the Empowerment of Persons with Disabilities, 2013 under the category Best Individual & Institution Working for the Cause of Persons with Disabilities, Department of Disability Affairs
Ministry of Social Justice and Empowerment, Government of India
- Best Organization (Registered with National Trust) SPANDAN(Special Performance Awards in NT centric Disabilities, Activities & Networking), 2012-2013
Ministry of Social Justice and Empowerment, Government of India
- Outstanding institution for sincere and dedicated service rendered for the cause of Disabilities, 2007
Department of Woman and Child Development & Social Welfare, Government of West Bengal
- District Outstanding Youth club Award, Nehru Yuva Kendra
Ministry of Youth Affairs & Sports, Government of India.

Objectives of the Organization:

- To establish homes for the handicapped children.
- To create various activities for the Rehabilitation of disabled children.
- To establish centre for the treatment of disabled children and their families.
- To establish medical centre for the ailing people of the locality.
- To organize seminars, conference about different man killer diseases.
- To give stipend, scholarship, school books to the poor students of the locality.
- To establish Balwadi School, night schools, library, coaching centre for the benefit of the students.
- To establish vocational training centre for self – employment of the poor women, school drop young boys and disabled persons.
- To organize village peace corps.
- To establish homes for the destitute, orphans and old invalid persons.
- To collect donations and subscriptions to run the Society.
- To establish centre for cultivation, grocery, embroidery etc. for the benefit of the poor people.
- To help young men in their physical culture through sports, games, drills, exercise, traveling, training camp etc.
- To act any other welfare activities which the committee thinks fit by adopting proper Resolution.
- To construct, maintain, improve, develop and other any building, homes or other works necessary or convenient for the use of the society.

Community Based Rehabilitation

The concept of Asha Bhavan Centre's CBR project is to **reach those marginalized persons with Disabilities population who are living in the remote areas** of different district without receiving any kind of rehabilitation services. CBR team is working in the district of Howrah, Hooghly, South 24 Parganas, PurbaMidnapur, PaschimMidnapur, Purulia, Birbhum, Murshidabad and Coochbehar of West Bengal.

Project Goal:

Enhance the capacity of disabled persons within the community to improve their socio economical condition and ensure their Human Rights.

Specific Objectives of the project:

- To enhance the capacity of Individual by providing more quality full rehabilitation services.
- To provide training for capacity building of family and community to take care their children within community.
- To involve the community through different programmes for Socio Economic Rehabilitation.
- To promote opportunity, participation and ensuring their rights.

Justification of the Project

As per Census of India, 2001 there are 2.1% of total population leaving with disability. But some reliable agencies like World Bank, UNESCO, WHO referred that there is around 6% to 8% of total population leaving with disability which we consider by our long term working experience in the field of disability rehabilitation. It is fact that in our country there are very few rehabilitation centers for persons with disability and most of those are situated in the cities, where as around 70% of total Indian population live in rural area. Due to remoteness, lack of accessibility of services a huge number of persons with disability is denied from the rehabilitation services in the rural area. As a result the persons with disability are indeed neglected by their family as well as society and they are segregated from mainstream society. They have not rehabilitated as on their capacity. Considering the felt need of this deprive population Asha Bhavan Centre starch its hand with a basket of initiatives and try to reach those population through sub centre programmes in remote corner of the districts under **Community Based Rehabilitation Project**, which is an important means in the way of rehabilitation of persons with disability for their gainful life.

Background of the

Centre of Access for Differently Able

In the year 2006 Asha Bhavan Centre first established a sub centre in collaboration with Local Club. The purpose of the establishment is to create the optimum opportunities for the persons with disability by promoting need based rehabilitation program and also to create an environment without barrier that will create an example in the community 'that yes they can', if we provide them opportunity. Our entire motive was going well but as the place is under the local club authority so we were unable to create a place of accessibility and the place will be an example for the community to replicate the model of accessibility. At last in 2014 our dream came true and we constructed a Barrier free Community Rehabilitation Centre at Khalore, Bagnan, Howrah, West Bengal, India.

To make the centre completely accessible for all we consider all the standardised designee for barrier free environment.

Major Support provided through the Centre

- **Physiotherapy**

Through this centre we provide physiotherapy to the children with disabilities. Rehabilitation Therapist help the children to improve the physical condition. One therapist visit four days in a week to provide therapy to the children. Till date 195 beneficiaries are enrolled in the centre of which 49 children regularly come to receive therapy.

- **Speech Therapy**

Speech therapy is the treatment for most kids with speech and/or language disorders. A speech disorder refers to a problem with the actual production of sounds, whereas a language disorder refers to a difficulty understanding or putting words together to communicate ideas.

We found a lot of children having the speech disorder associated with other disabilities such as cerebral palsy or mentally retardation and we also found a considering number of children having hearing impairment. So to improve the speaking abilities speech therapy is provided to the children.

- **Special Education**

Special education is the education of students with special needs in a way that addresses the students' individual differences and needs. Common special needs include learning difficulties, communication challenges, emotional and behavioral disorders, physical disabilities, and developmental disorders. Students with those kinds of special needs are likely to benefit special attention. So, a special educator regularly visitsto provide special education to the children.

- **Counseling**

Regular counseling is conducted to reduce the emotional stress of the parents having differently able children and adult in the centre. We show different ways to get relief.

- **Parents' Training**

To change the mindset of the parents we organize training program for the parents of the children with disabilities. In those camps our trained professionals transferred their knowledge to the parents to enable them to seek the abilities in their child. There was an interactive session after each camp where the parents shared their practical problems that they faced in day to day life. This session helps the parents to develop methods of their own from their very own experiences. They have been able to identify the differential needs of their children and have also been able to fulfill those needs in their very own way.

- **Parents Meeting**

During the interval of six months we will organize two parents meeting programme to make the parents involve with the rehabilitation programme of their child and develop the leadership sense among the parents. We also discuss various problem arise and how to address the problem.

- **Celebration of Auspicious Day**

On the eve of International Day of Persons with Disabilities(3rd December) we will observe the day by organizing rally, annual sports, cultural events and various fun with the children with disabilities and their familymembers. Various community key persons took part on that event to celebrate the programme and give the message of inclusion. Children with Disabilities show their ability in various aspects.

- **Monitoring and follow up**

It is important to continue the rehabilitation services in home as a child attend our centre for a couple of hours in a week, but maximum of his/her time he/she stay with parents and family in home. So to continue the services in home for optimum development we teach parents about all the rehabilitation program of their child and counsel to manage time for those activities. Therefore to m monitor the home activities and if necessary then to assist a program officer visit the home of the children with disability. Through the visit we can also understand other problems in home which can be affect the development of the child and we try to remove the hinder.

Project Expected Impacts and Outcome

Services	Impacts	Outcome
Therapy support	Physical Development Mobility improvement Improvement of Daily living Activities (ADL)	Physical, Mental and Social Development of children with disability. Parents release mental agony and develop positive attitude to their children with special need. Social inclusion and gainful opportunity to marginalized community. Mainstreaming of a child/person with disability and to become a contributor of society.
Education support	Inclusion & Socialization Improvement of acceptance Knowledge and attitude development	
Counseling	Psychological Development Stress Management Anger Management Family acceptance	
Parents Training	Develop the knowledge, skills and positive attitude for the rehabilitation services. The programme in home environment will be more precise. Parents – professional partnership will be stronger and parents responsibility will be establish which help in sustainability.	
Parents' Meeting	Parents involvement make the rehabilitation programme for their children create professional parents' partnership for the ultimate development and make the programme sustainable.	
Celebration of Auspicious Day (3 rd December)	Platform to show the ability of the children with disabilities. It also raise the awareness among the community peopleregarding the disability.	

Programme Review Monitoring & Evaluation

The organizational Programme Manager is the top project implementing personnel by putting shape to the policies and strategic plans. They are working as per advice of the Director. Monthly and quarterly meetings are conducted by Programme Manager to discuss about the progress of the activities and hurdle faced during the period.

The unit in-charge daily checks attendance of the staff engaged in the specific programme, service data sheet for accomplishment of need identification and problem solving.

In monthly monitoring tools the monitoring personnel speaks to relevancy of the statements according to monthly report and verify the records of different programmes and accounts statement. Gaps identification and change of strategies on basis of main direction is the main attention of that stage.

Reach the partly success of target issues on the basis of expected impact of the project analyzing the data either it is up wards or direction per organizational capacity. It is mainly for assessing, the feasibility, affordability, accessibility. Relevancy and sustainability. Special emphasis on achievement of problem and unsuccessful portion of the programme, which affect the target. Finally the overall recommendation of the project for sustaining or retain in future.

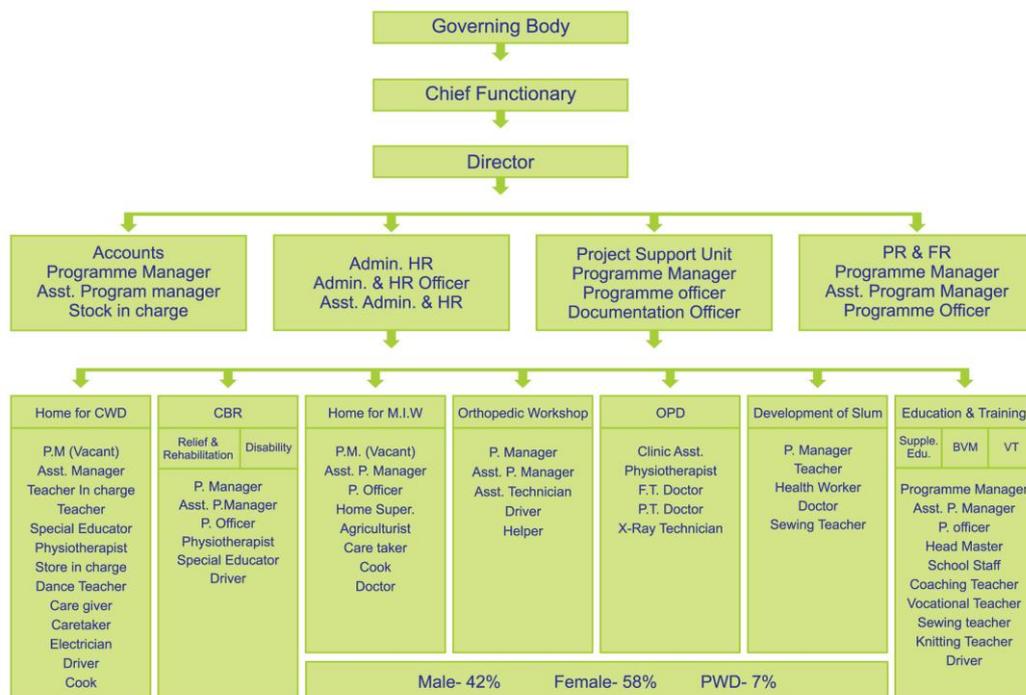
Asha Bhavan Centre Management

Asha Bhavan Centre is a Organization registered under West Bengal Societies Registration Act 1961. The highest decision making body is the Governing Body consisting of seven members. Day to day management of the programme is done by the Director of ABC in consultation with the Secretary and the President.

SukeshiBarui, inspirational Founder and Chief Functionary of the Organization have been providing strategic leadership to the organization. Under her leadership, ABC has grown in stature over the years, reaching to the thousands of people in India.

The organizational Programme Managers and Unit Heads are the top implementing body of the projects running in ABC by putting shape to the policies and strategic plans. They all are working as per advice of the Director. Team members are encouraged to improve their technical and management skills by participating in training workshops. Monthly and Quarterly meetings are conducted by the Unit Heads to share about the progress of the activities in presence of Director.

ABC Management is a Team of Professionals, Social Workers and Technical Resource Persons, who work as a Team and a Family to ensure that overall Goals and Objectives are achieved. As of now, there are 7% PWD, 58% women who are committed to the vision of the organization reaching to the thousands and thousands of people in India.



Project Budget

- **PROPOSED FINANCIAL BUDGET**

1. **TOTAL PROJECT COST: Rs. 473,150.00**

2. **BREAK UP OF COSTS**

No.	Proposed Recurring Expenditure	Amt. Per Month / Unit Cost	No of Months / No of Units	Annual Total
01	Assessment and profile making of individual. (to create profile and assessment format)	Rs. 100 for each beneficiaries	40	Rs. 4,000.00
02	<u>TLM(Teaching Learning Materials)</u> Flash Card, peg boards, soft clay, counting blocks, beads, stamp pictures, colour matching box, simple games	Lumpsum		Rs. 10,000.00
03	<u>Therapeutic materials</u> Standing board, gym ball, shoulder pulley, balance board, tumbler, bolster, mattress, peto chair, mirror, peto bed, ramp and stair board	Lumpsum		Rs. 10,000.00
04	<u>Aids and appliances</u> AFO, KAFO, special chair, gaiter, floor table, splint, brace, crutch, walker,	Lump sum	-	Rs. 20,000.00
05	Parents Training programme	Rs. 5000.00	02	Rs. 10,000.00
06	Parents meetings	Rs. 1000.00	02	Rs. 2,000.00
07	Celebration of International Day for Persons with Disabilities (3 rd December) Annual Sports and Cultural Programme	Rs.10,000.00	01	Rs. 10,000.00
08	Salary of Physiotherapist	Rs. 7910.00	12 months	Rs. 94,920.00
09	Salary of Special Educator	Rs. 8296.00	12 months	Rs. 99,552.00
10	Salary of Programme officer (part time 3 days in a week)	Rs. 4631.00	12 months	Rs. 55,572.00
11	Power consumption charge	Rs. 1000.00	12 months	Rs. 12,000.00

12.	Cleaning and sweeping materials	Rs. 500.00	12 months	Rs. 6,000.00
13	Staff travel and conveyance	Rs. 3000.00	12 months	Rs. 36,000.00
14.	Communication Expenses	Rs. 500.00	12 months	Rs. 6,000.00
15	Salary for programme Manager (part time)	Rs. 2000.00	12 months	Rs. 24,000.00
16.	Centre repair & Maintenance	Lumpsum		Rs. 15,000.00
17	Administrative and Monitoring Expenses <ul style="list-style-type: none"> • Salary of Account Personal (part time) • Salary of Project Director (Part Time) • Audit Fees • Photography & Documentation 			Rs. 58,106.00
GRAND TOTAL				Rs. 473,150.00

Thank you,

Sukeshi Barui
Secretary
Asha Bhavan Centre

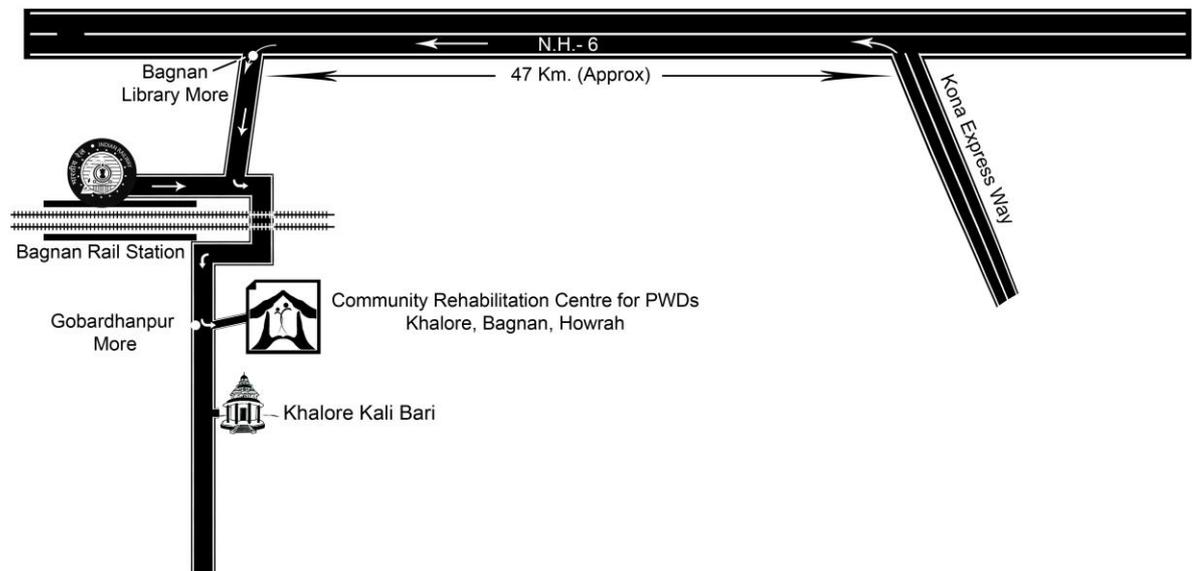
**Join Us,
Join our Movement.....**

Asha Bhavan Centre is a movement with a goal of ensuring rights for vulnerable children. This movement cannot sustain or succeed without your active support and cooperation. Join us and be a part of this wonderful initiative. You can become a partner to our initiative by supporting our projects, sponsoring activities and events or by becoming our volunteer and be productively involved in capacity building and skill enhancement. Visit us, visit our centre. Asha Bhavan Centre is located 45 kms from Central Kolkata city on the National High Way No. 6 on uluberia. Call us, come and be with our children. Asha Bhavan Centre is your home too.

Contact Details:

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Email: abcindia.sukeshi@gmail.com, URL: www.abcindia.org

Route Direction



ACTIVITY PHOTO OF THE CENTRE



