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## PROJECT PROPOSAL

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**Therapeutics and Educational Intervention Program for the Children with Disabilities  
under  
Community Rehabilitation Centre**

**Submitted by :** **Asha Bhavan Centre**  
Kathila, Banitabla, Uluberia, Howrah, 711316, West Bengal, India  
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**Project Location:** **Khidirpur, Shyampur, Howrah, West Bengal, India.**

**Date:** 26<sup>th</sup> August 2015

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## Proposal Cover Page

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<b>Project Title:</b>	<b>Therapeutics and Educational Intervention Program for the Children with Disability.</b>
<b>Target Beneficiary:</b>	Children with disability of Shyampur block areas of Howrah District, India.
<b>Applying Organization:</b>	<b>Asha Bhavan Centre</b>
<b>Mailing Address:</b>	Kathila, Banitabla, Uluberia, Howrah, 711316, West Bengal, India Ph: 033 2661 3197, Fax: 033 2661 3196 Email: abcindia.sukeshi@gmail.com, URL: www.abcindia.org
<b>Contact Person:</b>	Shuva Narayan Das / Md. Golam Moula
<b>Position:</b>	President / Program Manager, CBR
<b>Project Cost:</b>	<b>Rs. 473,150.00</b>
<b>Project Location:</b>	Khidirpur, District – Howrah, State - West Bengal
<b>Time Frame:</b>	Ongoing
<b>Bank Details:</b>	<b>Asha Bhavan Centre's account number is 590902010002546</b> UNION BANK OF INDIA Uluberia Branch Biswanath Tower, Majherati, P.O – Jadurberia, Uluberia -711316. Ph. No – 033-26610801

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## About the Organization

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**ASHA BHAVAN CENTRE is a social organization (registered under Society registration Act 1961 and recipient of the best outstanding award 2007 from Government of West Bengal), working for vulnerable people in India.** Established in 1999 in West Bengal, India, as a care centre for children with disability, we have grown into an organization offering comprehensive integrated support and services for most vulnerable children through our initiatives in Home for challenged children, community based rehabilitation, education and training, supplementary education, Slum development programme, rehabilitation centre for mentally ill women, orthopedic workshop, outpatient department, supplementary nutrition for malnourished children, as well as emergency relief and rehabilitation.

Lapierre Centre of Excellence for Disabled is our key initiative where 308 disabled children are provided residential care and care services. The centre is an integrated support unit having residential facilities, vocational training centre, training workshops, outreach clinic, specialty clinics and an orthopedic workshop. Situated on the Kolkata-Mumbai highway about 50 kms from Kolkata, the campus is a landmark in the area.

**Vision:** ABC is a landmark organization, working with marginalized community to uphold dignity, equity and self-confidence in the society.

- Mission:** The mission of ABC is to create meaningful opportunities for social and economic development of the marginalized community so that they gain dignity, equity and self-confidence in life.
- Mission focus on:** Well-beings of PWDs and MI  
Education and Empowerment  
Health and Sanitation  
Community Development  
Relief and Rehabilitation  
Networking  
Advocacy  
Capacity Building  
Fight against Discrimination  
Right Based Movement.
- Mission Target For:** Marginalised Community
- Target Group:** Person with Disability and Mental Illness  
Children who need support.  
Development of Slum dwellers  
Disaster affected people.  
Malnourished child  
Child Labour.
- Legal Status:** Registered under West Bengal Society Registration Act, 1961.  
Registered under Foreign Contribution Regulation Act, 1976, Gol.  
Registered under Income Tax Act, 1961 Gol.  
Registered under Person with Disability Act GoWB  
License from Director of Social Welfare, GoWB under the West Bengal Women and Children's Institution (Licensing) Rules, 1958  
Registered under National Trust Act 1999. Gol.  
Registered under Pracheen Kala Kendra.
- Award:** Award for Outstanding Institution 2007 for Dedicated Service Rendered for the Cause of Disabilities by GoWB.  
Award for Outstanding Youth Club 2008 by NYK, Howrah (GOI)
- Membership:** Local Level Committee Member National Trust (GOI), Howrah Dist

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## **Community Based Rehabilitation**

The concept of Asha Bhavan Centre's CBR project is to **reach those marginalized unreached disabled population who are living in the remote areas** of different district without receiving any kind of rehabilitation services. CBR team is working in the district of Howrah, Hooghly, South 24 Parganas, Purba Midnapur, Paschim Midnapur, Birbhum, Murshidabad and Coochbehar of West Bengal.

## **Project Goal:**

Enhance the capacity of disabled persons within the community to improve their socio economical condition and ensure their Human Rights.

## **Specific Objectives of the project:**

- Enhancing the potentiality of Individual by providing quality full rehabilitation services.
- Capacity building of family and community to take care their children within community.
- Socio economically rehabilitate involving the community programme.
- Promoting Opportunity, participation and ensure their rights.

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## **Justification of the Project**

As per Census of India, 2001 there are 2.1% of total population leaving with disability. But some reliable agencies like World Bank, UNESCO, WHO referred that there is around 6% to 8% of total population leaving with disability which we consider by our long term working experience in the field of disability rehabilitation. It is fact that in our country there are very few rehabilitation centers for persons with disability and most of those are situated in the cities, where as around 70% of total Indian population live in rural area. Due to remoteness, lack of accessibility of services a huge number of persons with disability is denied from the rehabilitation services in the rural area. As a result the persons with disability are indeed neglected by their family as well as society and they are segregated from mainstream society. They have not rehabilitated as on their capacity. Considering the felt need of this deprive population Asha Bhavan Centre starch its hand with a basket of initiatives and try to reach those population through sub centre programmes in remote corner of the districts under **Community Based Rehabilitation Project**, which is an important means in the way of rehabilitation of persons with disability for their gainful life.

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## **Background of the**

### **Centre of Access for Differently Able**

In the year 1998 Asha Bhavan Centre first established a sub centre in collaboration a local NGO at Belari village of shyampur block. The purpose of the establishment is to create the optimum opportunities for the persons with disability by promoting need based rehabilitation program. For better accessibility in the year 2000 the centre was shifted to Shitala Sporting Club at Shyampur. Our entire motive was going well but as the place is under the local club authority so we were unable to create the barrier free place and the centre will be an example for the community to replicate the model of accessibility. So we were waiting a long for the generous support to build a barrier free centre with a provision of verity in rehabilitation services. At last in 2009 our dream came true with the support of Asha Bengal and Lumilo Foundation of Switzerland, offer a Centre of Access for Differently Able at Khidirpur, Shyampur, Howrah, West Bengal, India.

And very recently got a gorgeous opportunity from MSTC to add a park for physical and motion development of the children of that centre. This playground with all its equipments will be a place where children, regardless of their abilities, can play and get opportunity for their physical, psychological and social skills

To make the centre completely accessible for all we consider all the standardised designee for barrier free environment.

## **Support to the Unreached through the Centre**

- **Physiotherapy**

We provide physiotherapy to the children with physical disability biweekly from this centre. Physiotherapists help the children to improve the physical condition. Two physiotherapists regularly visit to provide therapy to the children. Till date 253 beneficiaries are enrolled in the centre of which 53 children regularly come to receive therapy.

- **Speech Therapy**

Speech therapy is the treatment for most kids with speech and/or language disorders. A speech disorder refers to a problem with the actual production of sounds, whereas a language disorder refers to a difficulty understanding or putting words together to communicate ideas.

We found a lot of children having the speech disorder associated with other disability such as cerebral palsy or mentally retardation and we also found a considering number of children having hearing impairment. So to improve the speaking abilities speech therapy is provided to the children.

- **Special Education**

Special education is the education of students with special needs in a way that addresses the students' individual differences and needs. Common special needs include learning difficulties, communication challenges, emotional and behavioral disorders, physical disabilities, and developmental disorders. Students with those kinds of special needs are likely to benefit special attention. So, 1 special educator used to visit two days in a week to provide special education to those children of the centre.

- **Counseling**

Regular counseling is conducted to reduce the emotional stress of the parents having differently able children and adult in the centre. We show different ways to get relief.

- **Mother training**

To change the mindset of the parents we organize training program for the parents of the children with disability. In those camps our trained professionals transferred their knowledge to the parents to enable them to seek the abilities in their child. There was an interactive session after each camp where the parents shared their practical problems they faced in day to day life. This session helps the parents to develop methods of their own from their very own experiences. They have been able to identify the differential needs of their children and have also been able to fulfill those needs in their very own way.

- **Monitoring and follow up**

It is important to continue the rehabilitation services in home as a child attend our centre for a couple of hours in a week, but maximum of his/her time he/she stay with parents and family in home. So to continue the services in home for optimum development we teach parents about all the rehabilitation program of their child and counsel to manage

time for those activities. Therefore to monitor the home activities and if necessary then to assist a program officer visit the home of the children with disability. Through the visit we can also understand other problems in home which can be affect the development of the child and we try to remove the hinder.

- **Awareness programme**

Lack of awareness is one of the root causes of the present situation of the persons with disability and its increasing rate. So to decrease the rate of disability we aware the common mass regarding the causes and preventative measure of disability. We also raise the voice of the constitutional rights of the persons with disability and we spread the message of inclusion in society through the awareness camps. We organize such awareness camps in the catchment area of our sub centre.

- **Physical Activity & Motion Development Facility for Children with Disability**

Recently we add this facility in our centre. It will help the child to explore the world of excitement and interesting. Through this park child with disability get opportunity to play with peers and improve their physical, psychological and social skills.

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## Project Expected Impacts and Outcome

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Services	Impacts	Outcome
Therapy support	Physical Development Mobility improvement Improvement of Daily living Activities (ADL)	Physical, Mental and Social Development of children with disability.  Parents release mental agony and develop positive attitude to their children with special need.  Social inclusion and gainful opportunity to marginalized community.  Mainstreaming of a child/person with disability and to became a contributor of society.
Education support	Inclusion & Socialization Improvement of acceptance Knowledge and attitude development	
Counseling	Psychological Development Stress Management Anger Management Family acceptance	
Mother training	Develop the knowledge, skills and positive attitude for the rehabilitation services. The programme in home environment will be more precise. Parents – professional partnership will be stronger and parents responsibility will be establish which help in sustainability.	
Awareness Programme	People will be aware about causes and prevention of disability issue. People including persons with disability will know the facilities offered by Government and non- government sectors. Community will understand the rights of a person with disability and their	

	responsibility.	
<b>Physical Activity &amp; Motion Development</b>	Physical development through play. Psychological and social development through play with peer group. Promote inclusion with normal children.	

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## **Programme Review Monitoring & Evaluation**

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The organizational Programme Manager is the top project implementing personnel by putting shape to the policies and strategic plans. They are working as per advice of the Director. Monthly and quarterly meetings are conducted by Project Manager to discuss about the progress of the activities and hurdle faced during the period.

The unit in-charge daily checks attendance of the staff engaged in the specific programme, service data sheet for accomplishment of need identification and problem solving.

In monthly monitoring tools the monitoring personnel speaks to relevancy of the statements according to monthly report and verify the records of different programmes and accounts statement. Gaps identification and change of strategies on basis of main direction is the main attention of that stage.

Reach the partly success of target issues on the basis of expected impact of the project analyzing the data either it is up wards or direction per organizational capacity. It is mainly for assessing, the feasibility, affordability, accessibility. Relevancy and sustainability. Special emphasis on achievement of problem and unsuccessful portion of the programme, which affect the target. Finally the overall recommendation of the project for sustaining or retain in future.

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## **ABC Management**

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Asha Bhavan Centre is a Voluntary Organization registered under West Bengal Societies Registration Act 1961. The highest decision making body is the Governing Body consisting of seven members. Day to day management of the programme is done by the Director of ABC in consultation with the Secretary and the President.

Sukeshi Barui, inspirational Founder and Chief Functionary of the Organization have been providing strategic leadership to the organization. Under her leadership, ABC has grown in stature over the years, reaching to the thousands of people in India.

The organizational Programme Managers and Unit Heads are the top implementing body of the projects running in ABC by putting shape to the policies and strategic plans. They all are working as per advice of the Director. Team members are encouraged to improve their technical and management skills by participating in training workshops. Monthly and Quarterly meetings are conducted by the Unit Heads to share about the progress of the activities in presence of Director.

ABC Management is a Team of Professionals, Social Workers and Technical Resource Persons, who work as a Team and a Family to ensure that overall Goals and Objectives are achieved. As of now, there are 9% PWD, 56% women who are committed to the vision of the organization reaching to the thousands and thousands of people in India.

## Project Budget

No.	Proposed Recurring Expenditure	Amt. Per Month / Unit Cost	No of Months / No of Units	Annual Total
01	Assessment and profile making of individual. (to create profile and assessment format)	Rs. 100 for each beneficiaries	40	Rs. 4,000.00
02	<b><u>TLM(Teaching Learning Materials)</u></b> Flash Card, peg boards, soft clay, counting blocks, beads, stamp pictures, colour matching box, simple games	Lumpsum		Rs. 10,000.00
03	<b><u>Therapeutic materials</u></b> Standing board, gym ball, shoulder pulley, balance board, tumbler, bolster, mattress, peto chair, mirror, peto bed, ramp and stair board	Lumpsum		Rs. 10,000.00
04	<b><u>Aids and appliances</u></b> AFO, KAFO, special chair, gaiter, floor table, splint, brace, crutch, walker,	Lump sum	-	Rs. 20,000.00
05	Parents Training programme	Rs. 5000.00	02	Rs. 10,000.00
06	Parents meetings	Rs. 1000.00	02	Rs. 2,000.00
07	Celebration of International Day for Persons with Disabilities (3 <sup>rd</sup> December)  Annual Sports and Cultural Programme	Rs.10,000.00	01	Rs. 10,000.00
08	Salary of Physiotherapist	Rs. 7910.00	12 months	Rs. 94,920.00
09	Salary of Special Educator	Rs. 8296.00	12 months	Rs. 99,552.00
10	Salary of Programme officer (part time 3 days in a week)	Rs. 4631.00	12 months	Rs. 55,572.00
11	Power consumption charge	Rs. 1000.00	12 months	Rs. 12,000.00
12.	Cleaning and sweeping materials	Rs. 500.00	12 months	Rs. 6,000.00

13	Staff travel and conveyance	Rs. 3000.00	12 months	Rs. 36,000.00
14.	Communication Expenses	Rs. 500.00	12 months	Rs. 6,000.00
15	Salary for programme Manager (part time)	Rs. 2000.00	12 months	Rs. 24,000.00
16.	Centre repair & Maintenance	Lumpsum		Rs. 15,000.00
17	Administrative and Monitoring Expenses <ul style="list-style-type: none"> <li>• Salary of Account Personal (part time)</li> <li>• Salary of Project Director (Part Time)</li> <li>• Audit Fees</li> <li>• Photography &amp; Documentation</li> </ul>			Rs. 58,106.00
<b>GRAND TOTAL</b>				<b>Rs. 473,150.00</b>

Thank you,

**Shuva Narayan Das**  
**President**  
**Asha Bhavan Centre**

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## **F u t u r e P l a n**

### **Community Based Vocational Training**

This project aims to provide skill development so as to give them opportunities that will ensure gainful employment. The project envisages disabled people to lead a life with dignity and self-respect by reinforcing their social and economic contribution to the family and the society. This unit has an aim to provide Vocational Training to the persons with disability.

### **Medical Services once a week**

We have an aim to provide medical services to the nearby poor community people and also to provide free medicine.

### **Resource Centre**

Through this centre we will be able to spread the various message regarding disability issue. A disabled person as well as a common people will get their required information and counseling for their specific problems. We can use this centre as a human resource development-training centre.

Join Us,  
Join our Movement.....

Asha Bhavan is a movement with a goal of ensuring rights for vulnerable children. This movement cannot sustain or succeed without your active support and cooperation. Join Us and be a part of this wonderful initiative. You can become a partner to our initiative by supporting our projects, sponsoring activities and events or by becoming our volunteer and be productively involved in capacity building and skill enhancement. Visit us, visit our centre. Asha Bhavan is located 45 kms from Central Kolkata city on the National High Way No. 6 on Uluberia. Call us, come and be with our children.  
Asha Bhavan is your home too.

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